

X Company Steinbach Fall Class Schedule

All classes 28 weeks starting Thursday Sept 22nd, 2011

*Thursday instruction by Eddie Miller *

- 4:00-4:45 Movement Xploration ages 3-5
- 4:45-5:45 Wushu-Chinese Martial Arts-multi age
- 5:45-6:45 Arnis-Filipino Martial Arts-multi age
- 7:00-8:00 Zumba (14+)
- 8:00-9:00 Adult Hip Hop Class

EXTRA 4 WEEKS
Newly extended program!!

Thursday instruction by Bretton Selent

- 4:30-5:15 Boyz Hip Hop ages 6-8
- 5:15-6:15 Hip Hop ages 9-11
- 6:15-7:15 Breakdance ages 10+
- 7:15-8:15 Intermediate Teen Hip Hop 12yrs+ (minimum 3yrs experience, or instructor approval)

Thursday instruction by Lyndsay Dykstra

- 4:30-5:15 Girlz Hip Hop ages 6-8
- 5:15-6:15 Hip Hop 12-14 years
- 6:15-7:15 Jazz -ages 10+
- 7:15-8:15 Teen Hip Hop ages 15+

8:15-9:45 ****1.5hr Jr. Performance Steinbach (no age restrictions based on Audition only)**

Teachers have the option to move students once classes have started according to ability

** Junior Performance- Auditions held Sept 22nd during regular class time, all references and letters of intent due by Sept 22nd. Must also be enrolled in one other XCO class. Committed performers only. Multiple discount does not apply to this class.

*possibly at an alternate location

2011-2012 RATES for Steinbach XCOMPANY classes starting the week of September 22, 2011

45min-\$200.00

1hr-\$260.00

1hr Zumba (10 week punch card) \$99.00

1hr Zumba (28 weeks) \$260.00

Mo' mentum Performance Team \$340.00 (no discounts applied to Performance class)
Auditions held and requirements due Sept. 22, 2011



For more info contact
Directors: Nadine & Eddie Miller
X Company Physical Arts Training School
P.O. Box 43044 RPO Kildonan Place, Wpg, MB R2C 5G5
204-480-2727 or 204-470-5425
info@xcompany.net www.xcompany.net

